# FEBRUARY 2020 Kosher Meals Menu

**Nutrition Coordinator:** Ann Stahlheber  
**Menu Approval:** Ann Stahlheber, MS, RD, LD  
**Menu Written By:** Art Kitch; Dietary General Manager

<table>
<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
<th>SUNDAY</th>
</tr>
</thead>
</table>
| **BIRTHDAY CUPCAKES**  
Chocolate Cupcakes with Chocolate Frosting | Hamburger  
Parsley Noodles  
Purple Cabbage  
Baked Beans  
Banana  
Bun/Condiments/Milk | Maryland Style Tilapia  
Herbed Orzo  
Green Beans  
Dilled Carrots  
Cranberry Juice  
Bread/Margarine/Milk | South West Turkey  
Spanish Rice  
Tex Mex Corn  
Black Eyed Peas  
Kale Greens  
Orange  
Bread/Margarine/Milk | Glazed Meatloaf  
Mushroom Farfel  
5 Way Blend Veg.  
Sliced Beets  
Banana  
Bread/Margarine/Milk | Hunters Chicken  
Pasta Provencal  
Wax Beans  
California Blend Veg.  
Apple  
Challah/Margarine/Milk |
| 03 | 04 | 05 | 06 | 07 | 08 |
| Turkey Ala King  
Rice Pilaf  
Peas  
Ginger Carrots  
Bread/Margarine/Milk | Stuffed Pepper  
Bow Tie Pasta & Kasha  
Garlic Green Beans  
Mashed Potatoes  
Apple Sauce  
Bread/Margarine/Milk | Beef Burgundy  
Cous Cous  
Russian Potatoes  
5 Way Mixed Veg.  
Orange  
Bread/Margarine/Milk | BBQ Chicken  
Brown Wild Rice  
Baked Beans  
California Blend Veg.  
Banana  
Bread/Margarine/Milk | White Fish Cakes  
Egg Barley  
Capri Blend Veg.  
Wax Beans/Red Pepper  
Apple  
Challah/Margarine/Milk | Meat Lasagna  
Peas  
Scalloped Apples  
Grapes  
Bread/Margarine/Milk |
| 10 | 11 | 12 | 13 | 14 | 15 |
| Tilapia Florentine  
Wild Rice Blend  
Dilled Carrots  
Broccoli Gremoulade  
Banana  
Bread/Margarine/Milk | Stuffed Cabbage  
Bow Tie Pasta w/ Bread Crumbs  
Green Beans  
Mashed Potatoes  
Cranberry Juice  
Bread/Margarine/Milk | Rice Crispy Chicken  
Seasoned Farfel  
Purple Cabbage  
Lima Beans  
Orange  
Bread/Margarine/Milk | Beef Stroganoff  
Parsley/Noodles  
California Blend Veg.  
Sliced Beets  
Banana  
Bread/Margarine/Milk | Turkey Loaf  
Whole Grain Barley  
Spinach  
Red Skin Potatoes  
Apple  
Challah/Margarine/Milk | Salisbury Steak  
Egg Barley  
Capri Blend Veg.  
Peas  
Grapes  
Bread/Margarine/Milk |
| 17 | 18 | 19 | 20 | 21 | 22 |
| Orange Turkey  
Wild Rice  
Ginger Carrots  
Peas  
Banana  
Bread/Margarine/Milk | Beef Stroganoff  
Bow Tie Pasta & Kasha  
Lyonnaise Potatoes  
Green Beans  
Apple Sauce  
Bread/Margarine/Milk | BBQ Chicken  
Whole Grain Barley  
Baked Beans  
Spinach/Red Peppers  
Orange  
Bread/Margarine/Milk | Stuffed Pepper  
Parsley Noodles  
Mashed Potatoes  
Broccoli  
Banana  
Bread/Margarine/Milk | Vegan Cutlet  
Penne Pasta w/ Marinara Sauce  
Green Beans  
Scalloped Apples  
Grapes  
Bread/Margarine/Milk | MANDEL JCC OFFICE  
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