



SEPTEMBER



Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
LABOR DAY No Program 	10:00-10:45 Chair Exercise with Sue 10:45 Bingo 11:30-12:30 Lunch at Myers	10:00-11:00 Knitting and Puzzles 11:30-12:30 Lunch at Myers	10:00-10:45 Exercise with Brian 10:45 Bingo 11:30-12:30 Lunch at Myers	10:00-11:00 Google Computer Tips 11:30-12:30 Lunch at Myers
8	9	10	11	12
10:00-11:00 Bell Choir 11:30-12:30 Lunch at Myers	10:00-10:45 Chair Exercise with Sue 10:45 Bingo 11:30-12:30 Lunch at Myers	10:00-11:00 BINGO TOURNAMENT 11:30-12:30 Lunch at Myers	10:00-12:00 Mandel JCC Film Festival Shorts at the Cedar Lee Theater RSVP by Sep 2 12:30-1:15 Lunch at Myers	10:00-11:00 Video Exercise 11:30-12:30 Lunch at Myers
15	16	17	18	19
10:00 - 11:00 Family Feud 11:30-12:30 Lunch at Myers	10:00-10:45 Chair Exercise with Sue 10:45 Bingo 11:30-12:30 Lunch at Myers	10:00-12:30 Monthly Movie with Popcorn and Pizza at the JCC RSVP by Sep 9 Lunch at the JCC	10:00-10:45 Exercise with Brian 10:45 Bingo 11:30-12:30 Lunch at Myers	10:30-11:30 Activity at Myers 11:30-12:30 Lunch at Myers
22	23	24	25	26
10:00-10:45 Video Exercise 11:30-12:30 Lunch at Myers	Rosh HaShanah No Program 	Rosh HaShanah No Program 	10:00-10:45 Exercise with Brian 10:45 Bingo 11:30-12:30 Lunch at Myers	10:30-11:30 Rosh Chodesh with Cantor Sager 12:00-12:45 Lunch at Myers
29	30	OCTOBER 1	2	3
10:00 - 11:00 National Coffee Day (we'll add something chocolate, of course!) 11:30-12:30 Lunch at Myers	10:00-10:45 Chair Exercise with Sue 10:45 Bingo 11:30-12:30 Lunch at Myers	10:30-12:00 Siegal Lifelong Learning: Freudian Strips: Comics, Mental Health, and the American Superhero RSVP by Sep 22 12:15-1:00 Lunch at Myers	Yom Kippur No Program 	10:00-11:00 Family Feud 11:30-12:30 Lunch at Myers

- All program and class schedules are subject to change or cancellation.
- All program classes, transportation & lunch must be registered by Tuesday for the following week, unless otherwise noted.
- Free transportation is available for LunchPlus registered participants.
 - LunchPlus is held in the Ante Room (near Stonehill Auditorium).
 - Participants must be registered through LunchPlus to join programs.
 - LunchPlus is free with a suggested donation of \$2