



ADULT SWIM

LESSONS

TUES, 5-6:30 PM
SAT, 10 AM-NOON

**Private 30-minute adult swim lessons
offered by Coach Laura Wright**

- For ages 18+
- Learn to swim
- Learn strokes
- Improve technique
- Prepare for events

\$300 for 10 Sessions



**SLOTS
LIMITED**



QUESTIONS? CONTACT SUE SKUZA sskuza@mandeljcc.org