

February 2025

Mon	Tue	Wed	Thu	Fri
3 9:45 - 11:00 News of the Week (RSVP by 1/27) 11:30-12:30 Lunch at R. H. Myers	4 10:00-10:45 Group Chair & Balance Exercise 10:45-11:25 Trivia 11:30-12:30 Lunch at R. H. Myers	5 10:00-10:45 Art Project 10:45-11:15 Games 11:30-12:30 Lunch at RH Myers	6 10:00-10:20 Walk the Track at The J 10:30-11:15 Lets cook! 11:30-12:30 Lunch at RH Myers	7 11:30-12:30 Lunch at RH Myers
10 9:45 - 11:00 News of the Week (RSVP by 1/27) 11:30-12:30 Lunch at R. H. Myers	11 10:00-10:45 Group Chair & Balance Exercise 10:45-11:25 Bingo 11:30-12:30 Lunch at R. H. Myers	12 10:00-10:30 Bingo 10:30-11:15 Tu B'shvat Seder 11:30-12:30 Lunch at Myers	13 - Tu B'Shevat 10:00-10:20 Walk the Track at The J 10:30-11:15 Short Film and Discussion 11:30-12:30 Lunch at RH Myers	14 10:30-11:30 Cardio Drumming at RH Myers 11:30-12:30 Lunch at RH Myers
17 - PRESIDENTS DAY 60 CONNECT PROGRAM CLOSED	18 10:00-10:45 Group Chair & Balance Exercise 10:45-11:25 Trivia 11:30-12:30 Lunch at R. H. Myers	19 10:00-10:45 Art Project 10:45-11:15 Games 11:30-12:30 Lunch at RH Myers	20 10:00-10:20 Walk the track at The J 10:30-11:15 All about Bee Keeping 11:30- 12:30 Lunch at RH Myers	21 10:00-10:45 Guiding Eyes, meet dogs in training 10:45-12:15 Lets Make our Own lunch with the Charlie Cart
24 9:45 - 11:00 News of the Week (RSVP by 1/27) 11:30-12:30 Lunch at R. H. Myers	25 10:00-10:45 Group Chair & Balance Exercise 10:45-11:25 Bingo 11:30-12:30 Lunch at R. H. Myers	26 10:00- 10:45 Cleveland Jewish Federation Art Gallery Tour 11:00-11:30 Chair Yoga at Myers 11:30-12:30 Lunch at RH Myers	27 10:00-10:20 Walk the track at The J 10:30-12:00 Make our own lunch with the Charlie Cart	28 10:00-11:15 Rosh Chodesh at the J 11:30-12:30 Lunch at RH Myers

All program and class schedules are subject to change or cancellation.

All program classes, transportation & lunch must be registered for one week (Tuesdays) in advance, unless otherwise noted.

Free transportation is available for 60 CONNECT registered participants.

60 Connect is held in the Ante Room (Near Stonehill Auditorium).

Participants must be registered through 60 Connect to join programs

Transportation provided by Senior Transportation Connection (STC). Call 216-265-1489 to cancel.