

## FEBRUARY 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>03 Pasta &amp; Meat Sauce 8 oz Scalloped Apples ½ c Green Beans ½ c Banana Whole Grain Wheat Smart Balance Margarine 1% Milk 8 oz</p>	<p>04 Salmon Patty 4 oz Israeli Couscous ½ c Broccoli ½ c Beets ½ c Orange Whole Grain Wheat Smart Balance Margarine 1% Milk 8 oz</p>	<p>05 Turkey Mushroom Caserole 4 oz Wild Rice Blend ½ c Zucchini ½ c 5 Way Vegetable ½ c Cranberry Juice 4 oz Whole Grain Wheat Smart Balance Margarine 1% Milk 8 oz</p>	<p>06 Glazed Meatloaf 4 oz Mushroom Farfel ½ c 5 Way Blend ½ c Beets ½ c Banana Whole Grain Wheat Smart Balance Margarine 1% Milk 8 oz</p>	<p>07 Hunters Chicken 7 oz. Pasta Provencal ½ c Wax Beans ½ c California Blend ½ c Apple Whole Grain Wheat Smart Balance Margarine 1% Milk 8 oz</p>
<p>10 Turkey Ala King 4 oz Rice Pilaf ½ c Peas ½ c Ginger Carrots ½ c Banana Whole Grain Wheat Smart Balance Margarine 1% Milk 8 oz</p>	<p>11 Stuffed Pepper 6 oz Bow Tie and Kasha ½ c Green Beans ½ c Mashed Potatoes ½ c Apple Sauce 4 oz Whole Grain Wheat Smart Balance Margarine 1% Milk 8 oz</p>	<p>12 Beef Burgundy 4 oz Couscous ½ c Russian Potatoes ½ c 5 Way Mix Vegetable ½ c Orange Whole Grain Wheat Smart Balance Margarine 1% Milk 8 oz</p>	<p>13 BBQ Chicken 7 oz Brown Wild Rice ½ c Baked Beans ½ c California Blend ½ c Banana Whole Grain Wheat Smart Balance Margarine 1% Milk 8 oz</p>	<p>14 White Fish Cake 4 oz Egg Barley ½ c Capri Blend ½ c Corn ½ c Apple Whole Grain Wheat Smart Balance Margarine 1% Milk 8 oz</p>
<p>17 Tilapia Florentine 4 oz Wild Rice Blend ½ c Dilled Carrots ½ c Peas ½ c Banana Whole Grain Wheat Smart Balance Margarine 1% Milk 8 oz</p>	<p>18 Stuffed Cabbage 6 oz Bow Tie/Bread Crumb ½ c Green Beans ½ c Mashed Potatoes ½ c Cranberry Juice 4 oz Whole Grain Wheat Smart Balance Margarine 1% Milk 8 oz</p>	<p>19 Rice Crispy Chicken 7 oz Season Farfel ½ c Purple Cabbage ½ c Zucchini ½ c Orange Whole Grain Wheat Smart Balance Margarine 1% Milk 8 oz</p>	<p>20 Beef Stroganoff 4 oz Parsley/Noodles ½ c California Blend ½ c Beets ½ c Banana Whole Grain Wheat Smart Balance Margarine 1% Milk 8 oz</p>	<p>21 Turkey Loaf 4 oz Whole Grain Barley ½ c 5 Way Mix Veg ½ c Red Skins ½ c Apple Whole Grain Wheat Smart Balance Margarine 1% Milk 8 oz</p>
<p>24 (NEW) Orange Turkey 4 oz Wild Rice ½ c Ginger Carrots ½ c Broccoli ½ c Banana Whole Grain Wheat Smart Balance Margarine 1% Milk 8 oz</p>	<p>25 Beef Stroganoff 4 oz Bowties ½ c Lyonnais Potatoes ½ c Green Bean ½ c Apple Sauce 4 oz Whole Grain Wheat Smart Balance Margarine 1% Milk 8 oz</p>	<p>26 BBQ Chicken 7 oz Whole Grain Barley ½ c Baked Beans ½ c Zucchini ½ c Orange Whole Grain Wheat Smart Balance Margarine 1% Milk 8 oz</p>	<p>27 Stuffed Pepper 6 oz Parsley Noodles ½ c Mashed Potatoes ½ c Peas ½ c Banana Whole Grain Wheat Smart Balance Margarine 1% Milk 8 oz</p>	<p>28 Chicken Francaise 4 oz Egg Barley ½ c Green Peas ½ c Cinnamon Yams ½ c Apple Whole Grain Wheat Smart Balance Margarine 1% Milk 8 oz</p>

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