

INDOOR POOL SCHEDULE

Fall 2025



	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
5:30 AM		5:30 - 8:30 am 4 lap / 2 open	5:30 - 8 am 4 lap / 2 open	5:30 - 8:30 am 4 lap / 2 open	5:30 - 8 am 4 lap / 2 open	5:30 - 7:55 am 4 lap / 2 open	
6:00 AM							
6:30 AM							
7:00 AM							
7:30 AM							
8:00 AM	8 - 10:10 am 4 lap / 2 open	8:30 - 9:15 am 3 lap / 0 open 9:15 - 10:30 am 3 lap / 0 open* *deep end only	8 - 9 am 3 lap / 0 open	8:30 - 9:15 am 3 lap / 0 open 9:15 - 10:30 am 3 lap / 0 open* *deep end only	8 - 9 am 3 lap / 0 open	8 - 10 am 3 lap / 0 open	8 - 8:55 am 4 lap / 2 open
8:30 AM							
9:00 AM							
9:30 AM	10:15 - 11:45 am 4 lap / 2 open Female Only	10:30 am - 2 pm 4 lap / 2 open	9 am - 6:25 pm 4 lap / 2 open	10:30 am - 6:25 pm 4 lap / 2 open	9 am - 6:25 pm 4 lap / 2 open	10 am - 12:55 pm 4 lap / 2 open	9 - 10 am 0 lap / 0 open Master Swim
10:00 AM							
10:30 AM							
11:00 AM	11:45am-3pm 4 lap/2 open	2 - 3 pm 4 laps / 2 open Female Only				10 am - 12:55 pm 4 lap / 2 open	10 am - 12 pm 4 lap / 2 open
11:30 AM							
12:00 PM							
12:30 PM							
1:00 PM							
1:30 PM	3:00pm - 5:45 pm 3 lap / 3 open Open Family Swim					1 - 2 pm 4 lap / 2 open Female Only	12 - 5:45 pm 4 lap / 2 open
2:00 PM							
2:30 PM							
3:00 PM							
3:30 PM							
4:00 PM	Pool Closed Sept 29 – Oct 24 For more info contact infodesk@mandeljcc.org						2 - 5:45 pm 4 lap / 2 open
4:30 PM							
5:00 PM							
5:30 PM							
5:30 PM							
6:00 PM	POOL CLOSING AT 5:45 PM	3 - 8 pm 3 lap / 3 open				POOL CLOSING AT 5:45 PM	POOL CLOSING AT 5:45 PM
6:30 PM							
7:00 PM							
7:30 PM							
8:00 PM							
8:30 PM		8 - 8:45 pm 4 lap / 2 open	6:30 - 7:45 pm 0 lap / 0 open Masters Swim	6:30 - 7:45 pm 4 laps / 2 open Female Only	6:30 - 7:45 pm 4 laps / 2 open Male Only	• Lane format at the discretion of the lifeguard * Lap lanes are for Lap swimming, no lap swimming in open rec lanes. • Private lessons will be held in the open areas • Person training/small group training will be held in the open areas. • NOTE: Single-gender swim is canceled	
	POOL CLOSING AT 8:45 PM • SHEDULE SUBJECT TO CHANGE						REV 9/25