



## JULY



Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4 <sup>th</sup> of July
	10:00-10:45 Chair Exercise with Sue  10:45 Bingo  11:30-12:30 Lunch at Myers	10:00-11:15 Family Feud!  11:30-12:30 Lunch at Myers	10:00-10:45 Video Exercise  10:45 Bingo  11:30-12:30 Lunch at Myers	NO PROGRAM  
7	8	9	10	11
10:00 - 11:15 Mysteries of The Antiques Box  11:30-12:30 Lunch at Myers	10:00-10:45 Chair Exercise with Sue  10:45 Bingo  11:30-12:30 Lunch at Myers	11:00-1:30 PM Mayfield Village Concert at the Gazebo with a provided boxed lunch  <b>RSVP by July 1</b>	10:00-10:45 Video Exercise  10:45 Bingo  11:30-12:30 Lunch at Myers	10:00-11:15 Movie Trivia  11:30-12:30 Lunch at Myers
14	15	16	17	18
10:00-11:15 BINGO TOURNAMENT!  11:30-12:30 Lunch at Myers	10:00-10:45 Chair Exercise with Sue  10:45 Bingo  11:30-12:30 Lunch at Myers	10:00-11:00 Knitting/Crochet  11:30-12:30 Lunch at Myers	10:30-11:30 Chair Volleyball at Myers  11:30-12:30 Lunch at Myers	10:00-11:00 National Tropical Fruit Day  11:30-12:30 Lunch at Myers
21	22	23	24	25
10:00-12:30 PM Movie, Popcorn, & Pizza Day  (Pajamas optional!)  <b>RSVP by July 15</b>  Lunch at JCC	10:00-10:45 Chair Exercise with Sue  10:45 Bingo  11:30-12:30 Lunch at Myers	10:00-12:00 CWRU Siegal Lifelong Learning: Digging for your Jewish Roots  <b>RSVP by July 15</b>  12:15-1:00 Lunch at Myers	10:00-10:45 Video Exercise  10:45 Bingo  11:30-12:30 Lunch at Myers	10:30-11:30 Rosh Chodesh with Cantor Sager  12:00-12:45 Lunch at Myers
28	29	30	31	
10:00-1:00 Cleveland Metroparks Zoo with a provided boxed lunch  <b>RSVP by July 22</b>	10:00-10:45 Chair Exercise with Sue  10:45 Bingo  11:30-12:30 Lunch at Myers	10:00-11:00 Craft Day  11:30-12:30 Lunch at Myers	10:00-10:45 Video Exercise  10:45 Bingo  11:30-12:30 Lunch at Myers	

- All program and class schedules are subject to change or cancellation.
- All program classes, transportation & lunch must be registered by Tuesday for the following week, unless otherwise noted.
- Free transportation is available for LunchPlus registered participants.
  - LunchPlus is held in the Multi Purpose Room 2.
- Participants must be registered through LunchPlus to join programs.