

SIXTYCONNECT Activities Calendar

JUNE 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 10:00-11:15 Coffee & Conversation w/ Yolanda 11:30-12:30 Lunch at R.H. Myers 1:00-3:00 Movie at Silverspot Pinecrest Cinemas: "IF"	4 10:00-10:45 Group Chair & Balance Exercise 10:50-11:15 Bingo Fill Up 11:30-12:30 Lunch at R. H. Myers	5 11:30-12:30 Lunch & Learn at R. H. Myers: Snacking Healthy	6 10:00-10:45 Group Chair & Core Exercise 10:50-11:15 POKENO Blackout 11:30-12:30 Lunch at R. H. Myers	60 CONNECT PROGRAM CLOSED
10 11:30-12:30 Lunch at R. H. Myers 1:00-2:00 JCC Brain Health Series: Cultivating Brain Care as Self Care	11 10:00-10:45 Group Chair & Balance Exercise 10:50-11:15 Bingo Fill Up 11:30-12:30 Lunch at R. H. Myers	SHAVUOT 60 CONNECT PROGRAM CLOSED	SHAVUOT 60 CONNECT PROGRAM CLOSED	14 11:30-12:30 Lunch at R. H. Myers 2:00-3:00 Beachwood Library: The Music of Rosemary Clooney w/ Debbie Darling and David Strieter
17 11:30-12:30 Lunch at R. H. Myers 1:00-2:30 Pottery Making at The Drawing Board Art Studio (Lyndhurst)	18 10:00-10:45 Group Chair & Balance Exercise 10:50-11:15 Bingo Fill Up 11:30-12:30 Lunch at R. H. Myers	19 11:30-12:30 Lunch at R. H. Myers 1:00-2:00 JCC Brain Health Series: Strategies to Maintain Cognitive Vitality	AMISH BROWN BAG & WEDDING FEAST TOUR Middlefield, OH (10:00-5:00 pm)	21 11:30-12:30 Lunch at R. H. Myers 10:00-11:00 Beachwood Library: Through the Eyes of the Artist- Wassily Kandinsky
24 11:30-12:30 Lunch at R. H. Myers 1:00-3:30 Movie at Cinemark Valley View Cinemas: "Thelma"	25 10:00-10:45 Group Chair & Balance Exercise 10:50-11:15 Bingo Fill Up 11:30-12:30 Lunch at R. H. Myers	JANUARY thru JUNE BIRTHDAY LUNCHEON Shooters on the Water Restaurant	27 10:00-10:45 Group Chair & Core Exercise 10:50-11:15 POKENO Blackout 11:30-12:30 Lunch at R. H. Myers	28 11:30-12:30 Lunch at R. H. Myers 1:00-2:00 JCC Brain Health Series: Mind Spa- Rest & Relaxation

FOR INFORMATION YOLANDA NIXON 216-831-0700, 1210 • YNIXON@MANDELJCC.ORG

All program and class schedules are subject to change or cancellation.

All program classes & lunch must be registered for one week (Tuesdays) in advance.

Some programs and classes are subject to a fee.

Free transportation is available for 60 CONNECT registered participants.

60 Connect programming will be held in Ante Room (Near Stonehill Auditorium).

Lunch is held at R.H. Myers, Monday thru Friday 11:30-12:30

27200 Cedar Road; Beachwood, OH 44122.

Some programs are in correlation with the Healthy Aging and Arts, Cultures & Ideas Departments

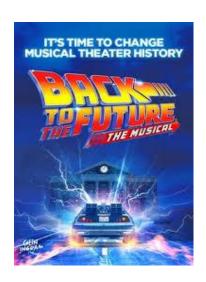
COMING

JULY 3, 2024

"Back to the Future"

A Musical @

Playhouse Square



JULY 9, 2024
Ohio Light Opera
"Guys & Dolls"
Wooster, OH



60 CONNECT IS LOOKING FOR CHESS, BRIDGE AND MAHJONG PLAYERS



