

OPEN TO THE COMMUNITY

FREE

# OPEN HOUSE

SUNDAY, JAN 26, 2025 • 9:30 AM - 12:30 PM



### POOL AND WHIRLPOOLS

- 8-10:10 am Open swim
- 10:15-11:45 am Women's only swim
- 11:45 am-5:45 pm Family swim

### FAMILY ACTIVITIES

9:30-11:30 am Open Gym  
Join PJ Library families for fun and activities for kids, including inflatables, bikes, trikes, balls and mats.

### VENDORS/SHOPPING

- 9:30 am-12:30 pm
- Be Believe Become
- Good Vibes Tea
- SAYoga Wisdom Jewelry
- Tri-Juice Bar
- and more

### HEALTH SCREENINGS

9 am-noon Blood pressure, blood glucose and cholesterol screenings from UH Community Outreach

### FITNESS CENTER

- Basketball Courts
- Pickleball
- Indoor Track
- Racquetball
- Steam Room & Sauna

### FREE GROUP EXERCISE CLASSES

- 9:30 am Cycle
- 9:35 am Power Vinyasa Yoga
- 9:35 am WERQ
- 10:45 am POUND
- 11:30 am Beginners Tai Chi

## ONE DAY SALE



Join during the open house and get  
**FEB 50% OFF + A GIFT BAG**  
**+ NO JOINING FEE.**



mandeljcc.org | 216-831-0700, ext. 0

*Must show photo ID. Please note: Personal trainers and coaches are not permitted to accompany or train clients or guests or solicit business on Mandel JCC premises. All guests under 18 must be accompanied by a parent or guardian.*