



SIXTYCONNECT Kosher Meals Menu

SENIOR ADULT PROGRAMMING



OCTOBER 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p>01 Pepper Steak Steamed Rice Peas Ginger Carrots Banana Bread/Margarine</p>	<p>02 Apricot Chicken Dried Fruit Dressing Tsimmes Broccoli Apple & Honey Challah/Margarine</p>	<p>03 <u>ROSH HASHANAH</u> 60 CONNECT PROGRAM CLOSED</p>	<p>04 <u>ROSH HASHANAH</u> 60 CONNECT PROGRAM CLOSED</p>
<p>07 Roasted Turkey Bread Dressing Yams Green Beans Apple Bread/Margarine</p>	<p>08 Stuffed Pepper Kasha w/ Bowtie Pasta California Blend Veggies. Mashed Potatoes Banana Bread/Margarine</p>	<p>09 Beef Stroganoff Parsley Noodles 5 Way Vegetables Beets Cranberry Juice Bread/Margarine</p>	<p>10 Chicken Goulash Pearl Barley Carrots Peas Banana Bread/Margarine</p>	<p>11 <u>EREV YOM KIPPUR</u> 60 CONNECT PROGRAM CLOSED</p>
<p>14 Stuffed Cabbage Egg Barley Mashed Potatoes Green Beans Apple Bread/Margarine</p>	<p>15 Turkey Salisbury Farfel Roasted Potatoes California Blend Veggies. Banana Bread/Margarine</p>	<p>16 Maryland Style Tilapia Wild Rice Blend Peas Butternut Squash Apple Sauce Bread/Margarine</p>	<p>17 <u>SUKKOT</u> 60 CONNECT PROGRAM CLOSED</p>	<p>18 <u>SUKKOT</u> 60 CONNECT PROGRAM CLOSED</p>
<p>21 Roasted Chicken Mushroom Farfel Sweet Potatoes Green Beans Apple Bread/Margarine</p>	<p>22 60 CONNECT PROGRAM ALL DAY TRIP</p>	<p>23 White Fish Cake Wild Brown Rice Red Skin Potatoes Peas Cranberry Juice Bread/Margarine</p>	<p>24 <u>SHEMINI ATZERAT</u> 60 CONNECT PROGRAM CLOSED</p>	<p>25 <u>SIMCHAT TORAH</u> 60 CONNECT PROGRAM CLOSED</p>
<p>28 Knockwurst Mushroom Farfel Purple Cabbage Green Beans Apple Bread/Margarine</p>	<p>29 Sweet & Sour Fish Steamed Rice Oriental Blend Veggies. Ginger Carrots Banana Bread/Margarine</p>	<p>30 Turkey Goulash Herbed Orzo Yams Peas Orange Bread/Margarine</p>	<p>31 Russian Meatballs Wild Brown Rice Broccoli Corn Banana Bread/Margarine</p>	

FOR INFORMATION **YOLANDA NIXON 216-831-0700, 1210 • YNIXON@MANDELJCC.ORG**

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