









OCTOBER



| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|--|---|--|
| | | 1 | 2 | 3 |
| | | 10:30-12:00 Siegal Lifelong Learning: Freudian Strips: Comics, Mental Health, and the American Superhero RSVP by Sep 22 12:15-1:00 Lunch at Myers | Yom Kippur No Program  | 10:00-11:00 Family Feud 11:30-12:30 Lunch at Myers |
| 6 | 7 | 8 | 9 | 10 |
| 10:00—11:00 Party in the Sukkah! 11:30-12:30 Lunch at Myers | Sukkot No Program  | Sukkot No Program  | 10:00-10:45 Exercise with Brian 10:45 Bingo 11:30-12:30 Lunch at Myers | 12:00 – 1:00 Lunch at Myers 2:00-3:00 Debbie Darling concert at the Beachwood Library Space is Limited! RSVP by Oct. 1 |
| 13 | 14 | 15 | 16 | 17 |
| Columbus Day No Program  | Shmini Atzeret No Program  | Simchat Torah No Program  | 10:00-10:45 Exercise with Brian 10:45 Bingo 11:30-12:30 Lunch at Myers | 10:00-11:00 Mahjong and other games 11:30-12:30 Lunch at Myers |
| 20 | 21 | 22 | 23 | 24 |
| 10:00-10:45 Bell Choir 11:30-12:30 Lunch at Myers | 10:00-10:45 Chair Exercise with Sue 10:45 Bingo 11:30-12:30 Lunch at Myers | 10:00-12:30 Monthly Movie with Popcorn and Pizza at the JCC RSVP by Oct 6 Lunch at the JCC | 10:00-10:45 Exercise with Brian 10:45 Bingo 11:30-12:30 Lunch at Myers | 10:30-11:30 Rosh Chodesh with Cantor Sager 12:00-12:45 Lunch at Myers |
| 27 | 28 | 29 | 30 | 31 |
| 10:00 - 11:00 Knitting and Puzzles 11:30-12:30 Lunch at Myers | 10:00-10:45 Chair Exercise with Sue 10:45 Bingo 11:30-12:30 Lunch at Myers | 10:00-11:15 Art Tour of “Moshe Gershuni” at the Cleveland Jewish Federation 11:30-12:30 Lunch at Myers | 10:00-10:45 Exercise with Brian 10:45 Bingo 11:30-12:30 Lunch at Myers | 10:00-11:00 BINGO TOURNAMENT 11:30-12:30 Lunch at Myers |

- All program and class schedules are subject to change or cancellation.
- All program classes, transportation & lunch must be registered by Tuesday for the following week, unless otherwise noted.
- Free transportation is available for LunchPlus registered participants.
 - LunchPlus is held in the Ante Room (near Stonehill Auditorium).
 - Participants must be registered through LunchPlus to join programs.
 - LunchPlus is free with a suggested donation of \$2